

February 17th- February 23rd North Royalton Family YMCA Pool Schedule

*Schedule may be subject to change *Due to low staffing there may be hourly pool closures, we apologize for any inconvienience this may cause *Family Fun Days will be on Sundays from 12:30-3pm

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
6:30											Closed				6:30
7:00	Adult Lap Swim 6:30a-9:00am (Lanes1-8)		Adult Lap Swim 6:30a-10:00am (Lanes1-8)		Adult Lap Swim 6:30a-10:00am (Lanes1-8)		Adult Lap Swim 6:30a-10:00am (Lanes1-8)		Adult Lap Swim 6:30a-9:00am (Lanes1-8)		Open Swim 7:30-		Closed		7:00
7:30															7:30
8:00												8:45am (Lanes 6- 8)			8:00
8:30															8:30
9:00		Aqua Fit Shallow				Splash Fit				Aqua Fit Shallow					9:00
9:30		9-9:50am Lanes 6-8				9-9:50am (Lanes 6-8)				9-9:50a (Lanes 6-8)	5				9:30
10:00	Adult Lap Swim 9am- 3:30pm (Lanes 1-5) NR High School Swim Team 3:30- 5:30pm (Lanes 1-2)	Aqua Fit Shallow 10-10:50am Lanes 6-8		Aqua Fit Deep 10-10:50am (Lanes 6-8) Water Walking 11-11:50a (Lanes 6-8)		Open Swim 10- 5:30pm (Lanes 6- 8)		Aqua Fit Deep 10-10:50a (Lanes 6-8) Open Swim 10:50- 5:30pm (Lanes 6-8)	Adult Lap Swim 9am- 3:30pm (Lanes 1- 5)	Water Walking	Adult Lap Swim 7:30- 5:30pm (Lanes 1- 5)	Swim lessons 9a-1p (Lanes 6-8)	Lap Swim 8:30-3:30 (Lanes1- 5)	Open Swim 8:30-3:30 (Lanes 5- 8)	10:00
10:30							Adult Lap Swim 10am-3:30pm (Lanes 1-5)			10-10:50a (Lanes 6-8)					10:30
11:00		Open Swim 10:50-12pm (Lanes 6-8)								Aqua Fit Shallow					11:00
11:30										11-11:50a (Lanes 6-8)					11:30
12:00		Arthritis Water Fitness 12-12:50p (Lanes 6-8)	Adult Lap Swim 10am-3:30pm (Lanes 1-5) NR High School Swim Team 3:30- 5:30pm (Lanes 1-2)	Open Swim 12-5:30pm (Lanes 6-8)						Arthritis Water Fitness					12:00
12:30										12-12:50p (Lanes 6-8)					12:30
1:00		Aqua Dance 1:15p-2p (Lanes 6-8)												1:00	
1:30										Dance	1:15p-2p (Lanes 6-8)	Open Swim 1p-5:30p (Lanes 6-8)			1:30
2:00															2:00
2:30		Open Swim 2-5:30pm (Lanes 6-8)								Open Swim 2p- 8:30p (Lanes 6-8)					2:30
3:00															3:00
3:30							NR High School Swim Team 3:30- 5:30pm (Lanes 1-2)		NR High School Swim Team 3:30- 5:30pm (Lanes 1- 2)						3:30
4:00															4:00
4:30															4:30
5:00															5:00
5:30															5:30
6:00	RYD Swim 5:30- 8:00pm (Lanes 1-5)	Swim Lessons 5:30-8:00 (Lanes 6-8)	RYD Swim 5:30- 8:00pm (Lanes 1-5)	Swim Lessons 5:30-8:00 (Lanes 6- 8)	5:30- 8:00nm	5:30-8:00	RYD Swim 5:30- 8:00pm (Lanes 1-5)	Swim Lessons 5:30-8:00 (Lanes 6- 8)	RYD Swim 5:30- 8:00pm (Lanes 1- 5)						6:00
6:30															6:30
7:00															7:00
7:30															7:30
8:00															8:00
8:30															8:30
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^{*} One lane will open for member use at 7:00pm Monday through Friday