



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

PARKER HANNIFIN DOWNTOWN YMCA

P 216 344-7700 WWW.CLEVELANDYMCA.ORG

REVISED 12.30.24

JANUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	<p>Schedule subject to change.</p> <p>Lap Swim Ages 13 & Over Swimming Laps</p> <p>Family Swim Children 12 & under unable to pass swim test must have parent in the water supervising them.</p> <p>Limit time to 10 minutes in Sauna, Hot Tub, Steam Room then break.</p> <p>PLEASE -NO SHOES -NO Sweatshirts -NO Rubber Outfits In Sauna & Steam</p> <p>Please SHOWER before entering Hot Tub</p> <p>Water Exercise T & TH 5:45-6:40p Fridays 10:00-11:00a</p> <p>NO Entry to class after 15 minutes once class starts. 6:00p or 10:15a</p> <p>Swim Lessons Jan 6th – Feb 1st -Reg opens Dec 23rd</p>
5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim			
Pool Closed 7:30-8a	Pool Closed 7:30-8a	Pool Closed 7:30-8a	Pool Closed 7:30-8a	Pool Closed 7:30-8a			
8:10-12:00p Open Swim	8:10-12:00p Open Swim	8:10-12:00p Open Swim	8:10-12:00p Open Swim	8:10-10:00a Open Swim	8:00-10:30a Lap Swim		
				10:00-11:00a Water Ex 3 Lanes	10:30-11:30a Swim Lessons 3 Lanes		
12:15-5:15p Lap Swim	12:15-5:45p Lap Swim	12:15-4:45p Lap Swim	12:15-5:45p Lap Swim	11:00-7:00p Lap Swim	11:30-12:30p Swim Lessons Family Swim	11:00-12:00p Swim Lessons Family Swim	
					12:45-2:30p Lap Swim	12:15-2:30p Lap Swim	
5:15-6:45p 1-2 Lanes Swim Lessons & 1 Lane Lap Swim	5:45-6:40p Water EX Pool, Hot Tub, Steam & Sauna CLOSED	4:45-6:45p 1-2 Lanes Swim Lessons & 1 Lane Lap Swim	5:45-6:40p Water EX Pool, Hot Tub Steam & Sauna CLOSED		Sat & Sun Pool Closes 2:30p		
6:45-8:00p Lap Swim	6:40-8:00p Lap Swim	6:45-8:00p Lap Swim	6:40-8:00p Lap Swim		<p>Pool Rules Reminder</p> <p>1 Cell phone usage NOT permitted in all pool areas.</p> <p>2 Please do NOT lay down in the Sauna, Steam Room, Hot Tub or anywhere in the pool area.</p> <p>3 Please do NOT exercise on the pool deck, Steam Room, Sauna, or Hot Tub</p> <p>4 Do NOT spray any water in Sauna or Steam Room.</p> <p>5 Please shower first before entering Hot Tub or Pool.</p>		
Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 7:00pm			