

Aquatics Center Schedule 1/6/25-2/2/25

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Lap Swim* 6am - 7:55am	Lap Swim* 6am - 7:55am	Lap Swim* 6am - 7:55am	Lap Swim* 6am - 7:55am	Lap Swim* 6am - 7:55am	Lap Swim* 7am - 9am	
6:30am							
7:00am							
7:30am							
8:00am	Deep Water Ex 8am - 8:50am	Deep Water Ex 8am - 8:50am	Deep Water Ex 8am - 8:50am	Deep Water Ex 8am - 8:50am	Deep Water Ex 8am - 8:50am	Lessons 8:30am - 12pm	2 Lane Lap Swim 9-12
8:30am							
9:00am	SS Splash 9am - 9:50am	Shallow Water Ex 9am - 9:50am	Shallow Water Ex 9am - 9:50am	Shallow Water Ex 9am - 9:50am	SS Splash 9am - 9:50am		
9:30am							
10:00am	Lap Swim* 10am - 12:55pm (Clinic 8-11:30am)	Lap Swim* 10am- 4pm (Clinic 1:30pm- 4pm)	Lap Swim* 10am - 12pm	Lap Swim* 10am - 4pm (Clinic 1:30pm- 4pm)	Lap Swim* 10am - 12:55pm (Clinic 8-11:30am)		
10:30am							
11:00am							
11:30am							
12:00pm	Arthritis Class 1pm- 1:50pm		MS Class (Basin) 12pm - 1pm		Arthritis Class 1pm- 1:50pm		
12:30pm							
1:00pm							
1:30pm							
2:00pm	Lap Swim* 2pm -4pm		Lap Swim* 2pm-4pm		Lap Swim* 2pm - 6pm	Lap Swim* 12:10pm - 5pm	
2:30pm							
3:00pm							
3:30pm							
4:00pm	Swim Lessons	2 lane Lap swim	Swim Lessons 4pm- 7pm	2 Lane Lap Swim 4pm- 7pm	Swim Lessons 4-7pm		2 Lane Lap Swim 4-7pm
4:30pm							
5:00pm	MS Class (Basin) 5:30pm - 6:30pm						
5:30pm							
6:00pm	4p-7p	4p-7p					
6:30pm							
7:00pm	Family Swim** 7pm - 8pm	Family Swim** 7pm - 8pm	Family Swim** 7pm - 8pm	Family Swim** 7pm - 8pm	Family Swim 6p-8p		
7:30pm							
8:00pm							

The target pool temperature is between **82° and 86°**. | Private Swim Lessons may be utilizing pool at any time.

Hot Tub and Sauna are open ONLY when Aquatics Center is Open.

*Lap Swim - All lanes dedicated to lap swimming/jogging. Basin available unless noted.

**Family Swim - 3 lanes dedicated to lap swimming/jogging. 1 lane and basin available unless noted.

SUBJECT TO CHANGE AT ANY TIME. The lifeguards have full authority and their word is FINAL.