



January 3rd- January 31st

North Royalton Family YMCA Pool Schedule

*Schedule may be subject to change *Due to low staffing there may be hourly pool closures, we apologize for any inconvenience this may cause *Family Fun Days will be on Sundays from 12:30-3pm

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
6:30										Closed		Closed	
7:00		Adult Lap Swim 6:30a-9:00am (Lanes1-8)		Adult Lap Swim 6:30a-10:00am (Lanes1-8)		Adult Lap Swim 6:30a-10:00am (Lanes1-8)		Adult Lap Swim 6:30a-9:00am (Lanes1-8)		NR High School Swim Team 7:30-9:30am (Lanes 5,6,7)		Open Swim 7:30-8:45am (Lanes 6-8)	
7:30													
8:00													
8:30													
9:00		Aqua Fit Shallow 9-9:50am (Lanes 6-8)				Splash Fit 9-9:50am (Lanes 6-8)				Aqua Fit Shallow 9-9:50a (Lanes 6-8)			
9:30													
10:00		Aqua Fit Shallow 10-10:50am (Lanes 6-8)		Aqua Fit Deep 10-10:50am (Lanes 6-8)				Aqua Fit Deep 10-10:50a (Lanes 6-8)		Water Walking 10-10:50a (Lanes 6-8)			
10:30													
11:00		Open Swim 10:50-12pm (Lanes 6-8)		Water Walking 11-11:50a (Lanes 6-8)						Aqua Fit Shallow 11-11:50a (Lanes 6-8)		Swim lessons 9a-1p (Lanes 6-8)	
11:30		Adult Lap Swim 9am-3:30pm (Lanes 1-5)		Adult Lap Swim 10am-3:30pm (Lanes 1-5)		Adult Lap Swim 10am-3:30pm (Lanes 1-5)		Adult Lap Swim 9am-3:30pm (Lanes 1-5)		Arthritis Water Fitness 12-12:50p (Lanes 6-8)		Lap Swim 8:30-3:30 (Lanes1-5)	
12:00												Open Swim 8:30-3:30 (Lanes 5-8)	
12:30													
1:00										Adult Lap Swim 10:50-3:30pm (Lanes 6-8)			
1:30		Aqua Dance 1:15p-2p (Lanes 6-8)		Open Swim 12-3:30pm (Lanes 6-8)				Open Swim 10:50-3:30pm (Lanes6-8)		Aqua Dance 1:15p-2p (Lanes 6-8)			
2:00													
2:30		Open Swim 2-3:30pm (Lanes 6-8)								Open Swim 2p- 3:30p (Lanes 6-8)			
3:00													
3:30										Adult Lap Swim 9:30-5:30pm (Lanes 1-5)			
4:00		NR High School Swim Team 3:30-5:30pm (Lanes 1-7) (Lane 8 used for private lessons only)		NR High School Swim Team 3:30-5:30pm (Lanes 1-7) (Lane 8 used for private lessons only)		NR High School Swim Team 3:30-5:30pm (Lanes 1-7) (Lane 8 used for private lessons only)		NR High School Swim Team 3:30-5:30pm (Lanes 1-7) (Lane 8 used for private lessons only)		NR High School Swim Team 3:30-5:30pm (Lanes 1-7) (Lane 8 used for private lessons only)			
4:30													
5:00													
5:30													
6:00		RYD Swim 5:30-8:00pm (Lanes 1-5)		Swim Lessons 5:30-8:00 (Lanes 6-8)		RYD Swim 5:30-8:00pm (Lanes 1-5)		Swim Lessons 5:30-8:00 (Lanes 6-8)		RYD Swim 5:30-8:00pm (Lanes 1-5)		Open Swim 5:30- 8:30pm (Lanes 6-8)	
6:30													
7:00													
7:30													
8:00													
8:30													

* One lane will open for member use at 7:00pm Monday through Friday

