



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

PARKER HANNIFIN DOWNTOWN YMCA

P 216 344-7700 WWW.CLEVELANDYMCA.ORG

REVISED 11.20.24

NOV 25TH – DEC 22ND 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	<p>Schedule subject to change.</p> <p>Pool Area CLOSED Tuesday & Thursday 10:45-12:00p</p> <p>Lap Swim Ages 13 & Over Swimming Laps</p> <p>Family Swim Children 12 & under unable to pass swim test must have parent in the water supervising them.</p> <p>Limit time to 10 minutes in Sauna, Hot Tub, Steam Room then break.</p> <p>PLEASE -NO SHOES -NO Sweatshirts -NO Rubber Outfits In Sauna & Steam</p> <p>Please SHOWER before entering Hot Tub</p> <p>Water Exercise T & TH 5:45-6:40p Fridays 10:00-11:00a NO Entry to class after 15 minutes once class starts. 6:00p or 10:15a</p> <p>Swim Lessons Dec 2nd – Dec 21st -Reg opens Nov 25th</p>
5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim			
Closed 7:30-8a	Closed 7:30-8a	Closed 7:30-8a	Closed 7:30-8a	Closed 7:30-8a			
8:10-10:45a Lap Swim	8:10-10:45a Lap Swim	8:10-10:45a Lap Swim	8:10-10:45a Lap Swim	8:10-10:00a Lap Swim	8:00-10:00a Lap Swim		
10:45-1:30p Lap Swim	10:45-12:00p Water Safety Program Entire Pool Area CLOSED	10:45-1:30p Lap Swim	10:45-12:00p Water Safety Program Entire Pool Area CLOSED	10:00-11:00a Water Ex Class 3 Lanes	10:00-11:00a Swim Lessons 3 Lanes		
	12:00-1:30p Lap Swim		12:00-1:30p Lap Swim	11:00-1:30p Lap Swim	11:00-12:00p Swim Lessons Family Swim	11:00-1:00p Lap Swim	
1:30-4:00p Open Swim	1:30-4:00p Open Swim	1:30-4:00p Open Swim	1:30-4:00p Open Swim	1:30-4:00p Open Swim	12:15-2:30p Lap Swim	1:15-2:30p Open Swim	
4:15-6:45p Swim Lessons 2 Lanes & Lap Swim 1 Lane	4:15-5:45p Lap Swim	4:15-6:45p Swim Lessons 2 Lanes & Lap Swim 1 Lane	4:15-5:45p Lap Swim	4:15-7:00p Lap Swim All 3 Lanes	<p>Pool Rules Reminder</p> <p>1 Cell phone usage NOT permitted in all pool areas.</p> <p>2 Please do NOT lay down in the Sauna, Steam Room, Hot Tub or anywhere in the pool area.</p> <p>3 Please do NOT exercise on the pool deck, Steam Room, Sauna, or Hot Tub</p> <p>4 Do NOT spray any water in Sauna or Steam Room.</p> <p>5 Please shower first before entering Hot Tub or Pool.</p>		
	5:45-6:40p Water EX Pool, Hot Tub, Steam & Sauna CLOSED		5:45-6:40p Water EX Pool, Hot Tub Steam & Sauna CLOSED				
6:45-8:00p Lap Swim	6:40-8:00p Lap Swim	6:45-8:00p Lap Swim	6:40-8:00p Lap Swim				
Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 7:00pm			