

Aquatics Center Schedule 11/18/24-11/24/24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Lap Swim*						
6:30am	6am - 7:55am	Lap Swim*	Lap Swim*	Lap Swim*			
7:00am	1 Lane	6am - 7:55am	6am - 7:55am	6am - 7:55am	Lap Swim*		
7:30am	Reserved				6am - 8:55am	Lap Swim*	
8:00am	Deep Water Ex	Deep Water Ex	Deep Water Ex	Deep Water Ex		7am - 9am	
8:30am	8am - 8:50am	8am - 8:50am	8am - 8:50am	8am - 8:50am			
9:00am	Shallow Water Ex	Shallow Water Ex	Shallow Water Ex	Shallow Water Ex	Shallow Water Ex	Lessons 8:30am - 12pm	2 Lane Lap Swim 9-12
9:30am	9am - 9:50am	9am - 9:50am	9am - 9:50am	9am - 9:50am	9am - 9:50am		
10:00am	Lap Swim* 10am - 12:55pm (Clinic 8-11:30am)	Lap Swim* 10am- 4pm (Clinic 1:30pm-4pm)	Lap Swim*	Lap Swim* 10am - 5pm (Clinic 1:30pm-4pm)	Lap Swim*	Lap Swim* 12:10pm - 5pm	Family Swim** 8am - 5pm
10:30am			10am - 12pm		10am - 12:55pm (Clinic 8-11:30am)		
11:00am							
11:30am			MS Class (Basin)				
12:00pm			12pm - 1pm				
12:30pm							
1:00pm	Arthritis Class 1pm- 1:50pm		Arthritis Class 1pm-1:50p		Arthritis Class 1pm- 1:50pm		
1:30pm							
2:00pm	Lap Swim* 2pm -4pm	Lap Swim* 2pm-4pm	Lap Swim* 2pm-4pm	Lap Swim* 2pm - 6pm	Lap Swim* 2pm - 6pm		
2:30pm							
3:00pm							
3:30pm							
4:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons		
4:30pm	2 lane Lap swim	2 Lane Lap Swim	2 Lane Lap Swim	2 Lane Lap Swim	2 Lane Lap Swim		
5:00pm							
5:30pm	MS Class (Basin)	4pm-7pm	4pm-7pm	4pm-7pm	4pm-7pm		
6:00pm	5:30pm - 6:30pm						
6:30pm	4p-7p	4p-7p	4p-7p	4p-7p	4p-7p		
7:00pm	Family Swim** 7pm - 8pm	Family Swim** 7pm - 8pm	Family Swim** 7pm - 8pm	Family Swim** 7pm - 8pm	Family Swim 6p-8p		
7:30pm							
8:00pm							

The target pool temperature is between **82° and 86°**. | Private Swim Lessons may be utilizing pool at any time.

Hot Tub and Sauna are open ONLY when Aquatics Center is Open.

*Lap Swim - All lanes dedicated to lap swimming/jogging. Basin available unless noted.

**Family Swim - 3 lanes dedicated to lap swimming/jogging. 1 lane and basin available unless noted.

SUBJECT TO CHANGE AT ANY TIME. The lifeguards have full authority and their word is FINAL.