



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

PARKER HANNIFIN DOWNTOWN YMCA

P 216 344-7700 WWW.CLEVELANDYMCA.ORG

REVISED 6.25.24

JULY 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	<p>Schedule subject to change.</p> <p>Lap Swim Ages 13 & Over Swimming Laps</p> <p>Family Swim Children 12 & under unable to pass swim test must be directly supervised by parent in the water.</p> <p>Limit time to 10 minutes in Sauna, Hot Tub, Steam Room then break.</p> <p>PLEASE -NO SHOES -NO Sweatshirts -NO Rubber Outfits In Sauna & Steam</p> <p>Please SHOWER before entering Hot Tub</p> <p>Water Exercise T & TH 5:45-6:40p Fridays 10:00-11:00a</p> <p>NO Entry to class after 15 minutes once class starts. 6:00p or 10:15a</p> <p>Swim Lessons July 7/1-7/27 August 7/29-8/17 *No Classes 7/4 & 7/6</p>
5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim	5:30-7:30a Lap Swim			
Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a	Closed LG Break 7:30-8:15a			
8:15-10:00a Lap Swim Break 9:45-10a If One Guard	8:15-10:00a Lap Swim Break 9:45-10a If One Guard	8:15-10:00a Lap Swim Break 9:45-10a If One Guard	8:15-10:00a Lap Swim Break 9:45-10a If One Guard	8:15-10:00a Lap Swim Break 9:45-10a If One Guard	8:00-10:00a Lap Swim Break 9:45-10a If One Guard		
10:00-11:30a Lap Swim Break 11:30-11:45a If One Guard	10:00-11:30a Lap Swim Break 11:30-11:45a If One Guard	10:00-11:30a Lap Swim Break 11:30-11:45a If One Guard	10:00-11:30a Lap Swim Break 11:30-11:45 If One Guard	10:00-11:00a Water Ex 3 Lanes Break 11:30-11:45 If One Guard	10:00-11:15a Swim Lessons 3 Lanes		
11:45-1:30p Lap Swim Closed 1:30-2p LG Break/Cleaning	11:45-1:30p Lap Swim Closed 1:30-2p LG Break/Cleaning	11:45-1:30p Lap Swim Closed 1:30-2p LG Break/Cleaning	11:45-1:30p Lap Swim Closed 1:30-2p LG Break/Cleaning	11:00-1:30p Lap Swim Closed 1:30-2p LG Break/Cleaning	11:15-12:20p Swim Lessons Family Swim Break 12:20-12:40p If One Guard	11:00-12:20p Lap Swim Family Swim Break 12:20-12:40p If One Guard	
2:00-3:45p Lap Swim 3:45-4:10p Closed LG Break If one guard	2:00-3:45p Swim Lessons & Lap Swim 3:45-4:10p Closed LG Break If one guard	2:00-3:45p Lap Swim 3:45-4:10p Closed LG Break If one guard	2:00-3:45p Swim Lesson & Lap Swim 3:45-4:10p Closed LG Break If one guard	2:00-3:45p Lap Swim 3:45-4:15p Closed LG Break	12:30-1:30p Kids That Tri All 3 Lanes Lap Pool Closed 1:30-2:30p Adults Only	12:40-1:30p Lap Swim 1:30-2:30p Adults Only All 3 Lanes	
4:10-6:40p Swim Lessons & Lap Swim	4:10-5:45p Lap Swim 5:45-6:40p Water EX Pool, Hot Tub, Steam & Sauna CLOSED	4:10-6:40p Swim Lessons & Lap Swim	4:10-5:45p Lap Swim 5:45-6:40p Water EX Pool, Hot Tub Steam & Sauna CLOSED	4:15-7:00p Lap Swim All 3 Lanes	POOL CLOSES 2:30p Saturday & Sunday Pool Rules Reminder 1 Cell phone usage NOT permitted in all pool areas. 2 Please do NOT lay down in the Sauna, Steam Room, Hot Tub or anywhere in the pool area. 3 Please do NOT exercise on the pool deck, Steam Room, Sauna, or Hot Tub 4 Do NOT spray any water in Sauna or Steam Room. 5 Please shower first before entering Hot Tub or Pool.		
6:40-8:00p Lap Swim	6:40-8:00p Lap Swim	6:40-8:00p Lap Swim	6:40-8:00p Lap Swim				
Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 8:00pm	Pool Closes 7:00pm			