FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

June 11th- August 18th

North Royalton Family YMCA Pool Schedule

***Schedule may be subject to change *Due to low staffing there may be hourly pool closures, we apologize for any inconvienience this may cause *Swim meets are on Thursdays during the summer, there may not be practice on these days *Family Fun Days will be every Sunday from 12:30-3pm where there will be more space created for activities in the pool**

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
6:30–8:30	Adult Lap Swim 6:30a-9:00am (Lanes 1-8)		Adult Lap Swim 6:30a-9:00am (Lanes 1-8)		Adult Lap Swim 6:30a-9:00am (Lanes 1-8)		Adult Lap Swim 6:30a-10:00am (Lanes 1-8)		Adult Lap Swim 6:30a-9:00am (Lanes 1-8)		Closed		Closed	
9:00–10:30	Adult Lap Swim 9-11:00 (Lanes 1-5)	Aqua Fit Shallow 9-9:50am Lanes 6-8 Aqua Fit Shallow 10-10:50am Lanes 6-8	Adult Lap Swim 10-11 (Lanes 1-5)	Water Walking 9-9:50a (Lanes 6-8) Aqua Fit Deep 10-10:50am (Lanes 6-8)	Adult Lap Swim 9-11 (Lanes 1-5)	Splash Fit 9-9:50 (Lanes 6-8)	Adult Lap Swim 10-11 (Lanes 1-5)	Aqua Fit Deep 10-10:50a (Lanes 6-8)	Adult Lap Swim 9-11 (Lanes 1-5)	Aqua Fit Shallow 9-9:50a (Lanes 6-8) Water Walking 10-10:50a (Lanes 6-8)	Adult Lap Swim 7:30am-5:30p (L 1-5)	Open Swim 7:30-8:45am (Lanes 6-8)	Lap Swim 8:30-3:30 (Lanes 1-5)	Open Swim 8:30-3:30 (Lanes 5-8)
11:00–12:30	RYD Swim Team 11:00-1:00 (Lanes 1-2)	Open Swim 10:50-12pm (Lanes 6-8) Arthritis Water Fitness 12-12:50p (Lanes 6-8)	RYD Swim Team 11:00-1:00 (Lanes 1-2)	Summer Camp Swim 11:30-3:00 (Lanes 6-8)	RYD Swim Team 11:00-1:00 (Lanes 1-2)	Open Swim 9:50-4:45 (Lanes 6-8)	RYD Swim Team 11:00-1:00 (Lanes 1-2)	Summer Camp Swim 11:30-3:00 (Lanes 6-8)	RYD Swim Team 11:00-1:00 (Lanes 1-2)	Aqua Fit Shallow 11-11:50a (Lanes 6-8) Arthritis Water Fitness 12-12:50p (Lanes 6-8)		Swim lessons 9a-1p (Lanes 6-8)		
1:00–3:30	Adult Lap Swim 1:00-5:00 (Lanes 1-5)	Aqua Dance 1:15p-2p (Lanes 6-8) Open Swim 2- 4:45 (lanes6-8)	Adult Lap Swim 1:00-5:00 (Lanes 1-5)	Open Swim 3:00-4:45 (Lanes 6-8)	Adult Lap Swim 1:00-5:00 (Lanes 1-5)		Adult Lap Swim 1:00-5:30 (Lanes 1-5)	Open Swim 3:00-4:45 (Lanes 6-8)	Adult Lap Swim 1:00-8:30p (Lanes 1-5	Aqua Dance 1:15p-2p (Lanes 6-8) Open Swim 2p- 8:30p (Lanes 6-8)		Open Swim 1p-5:30p (Lanes 6-8)		
4:00–6:30	RYD Swim Team 5:00-7:00 (Lanes 1-5)	Swim lessons 5p-8p (Lanes 6-8)	RYD Swim Team 5:00-7:00 (Lanes 1-5)	Swim lessons 5p-8p (Lanes 6-8)	RYD Swim Team 5:00-7:00 (Lanes 1-5)	Swim lessons 5p-8p (Lanes 5-8)	RYD Swim Team 5:30-7:00 (Lanes 1-5)	Swim lessons 5p-8p (Lanes 6-8)						
7:00–8:30	Adult Lap Swim 7:00-8:30pm (Lanes 1-5)	Open Swim 8-8:30pm (lanes 6-8)	Adult Lap Swim 7:00-8:30pm (Lanes1-5)	Open Swim 8-8:30pm (Lanes 6-8)	Adult Lap Swim 7:00-8:30pm (Lanes 1-5)	Open Swim 8-8:30pm (Lanes 6-8)	Adult Lap Swim 7:00-8:30pm (Lanes 1-5)	Open Swim 8-8:30pm (Lanes 6-8)						